





## AVOID BURNING !

Burning mixed waste at home is illegal whilst garden bonfires pour thousands of tonnes of pollutants into the atmosphere each year – as well as annoying your neighbours! See our 'Bonfire Etiquette' advice on the Parish website.

## COMPOSTING

Most of us in North Runcton have good-sized gardens. It is possible and beneficial to compost most garden waste (especially if you have a garden shredder). Compost bins are cheap. The Borough Council have a working partnership with Straight PLC to supply compost bins at discounted rates. There is also on-line advice about how to compost.

See [www.west-norfolk.gov.uk/info/20140/what\\_goes\\_in\\_each\\_bin/398/compost\\_bin](http://www.west-norfolk.gov.uk/info/20140/what_goes_in_each_bin/398/compost_bin)

We also have the Brown Bin and Food Bin Schemes. BCKLWN will collect your garden waste and food waste and send it to a commercial composting site. Brown bin collections currently cost £56/year and the food waste scheme is free.



How to balance and mix your compost bin.

Keep moist and regularly aerate with a fork. Compost worms generally find and colonise a compost bin by themselves.

## 5 SIMPLE RULES TO HASSLE-FREE COMPOST

1. Shred and chop before you add things e.g. prunings or unwanted veg.
2. Mix 'browns' (like fallen leaves) with 'greens' (like mown grass or your veg peelings). Compost microbes need a balanced diet like us!
3. Keep your compost moist but not wet. (Bins generally have a lid – but cover open boxes with a bit of old carpet or similar.)
4. Turn. Fork over the top of your compost at least once a week – or invest in a tumble composter.
5. Cooked food waste can attract vermin. (See last month's newsletter to cut food waste!)



## BOKASHI BINS

If you don't have a very big garden or you particularly want to compost cooked food waste, you could try the Japanese practice of 'Bokashi' composting.

The process uses a 'fermenting bran' to create a compost and a leachate that you can use as a liquid plant fertiliser. You can add all types of food waste and because the process is odourless and space efficient, you can have the bin in your kitchen.

Find out more:

[www.norfolkrecycles.com/reduce-my-rubbish/compost/home-compost/](http://www.norfolkrecycles.com/reduce-my-rubbish/compost/home-compost/)  
OR - [www.carryoncomposting.com](http://www.carryoncomposting.com).

## Remember to CALCULATE YOUR OWN CARBON FOOTPRINT !

If you haven't already looked at it, check out the GIKI carbon footprint calculator – which will help you understand the sorts of activities that build your carbon footprint.

It is FREE and you can quickly learn what key aspects of your life you might be able to change in order to cut your CO<sup>2</sup> emissions. All you need is internet access. Go to <https://giki.earth/> and set up an account.

You can then go back any time and explore different ways in which you might reduce your carbon footprint.



Thought for the month...

*"The greatest threat to our planet is the belief that someone else will save it for us"*

Robert Swan – Explorer

## NEXT NEWSLETTER

Our April newsletter will be about how we can cut our carbon footprint in the garden.

All these newsletters are also available on the Parish website:

<https://northrunctonpc.norfolkparishes.gov.uk/>